

## Our Coaches and Members

### **Marlies Tibbs**

**Certified National Competition Management; P Level Foil & Epee Referee**

Marlies works in our Kinder Fence and Yellow Arm Band programmes. Marlies also works with Phoenix athletes in tournament preparation.

### **Adrian Symons**

**NCCP Aide-Moniteur Coach; P Level Foil Referee ; Manitoba Provincial Team Member**

Adrian works with our returning and developing fencer programmes using his vast experience to help fencers develop their skills.

### **Evan Tremblay**

**Kinder Fence Coach**

Evan works in our entry level programmes excelling in teaching both new and returning fencers how to have fun with fencing.

Phoenix Fencing Club prides itself on a full rounded set of programmes where we develop coaches and referees concurrently with our athletes.



## Phoenix Head Coach Steve Symons

*Steve Symons has been coaching Fencing for over 30 years and is a fully certified, experienced NCCP Level III coach in foil. He is also a certified coaching course conductor and a certified examiner. Steve has developed all of the Phoenix programmes and conducts many of the classes. Steve's programmes combine learning new skills while having fun and improving fitness.*

*He first received his coaching certification in England while working with Maitre Mike Law. After relocating to Canada in 1983, he worked in the Saskatoon Fencing Club. In 1985 he moved to Ottawa and further developed his coaching skills with Maitre Manuel Guittet in the Excalibur Fencing Club and was concurrently the head coach for Carleton University Fencing Club. Steve moved back to western Canada and took up residence in Winnipeg as head coach of Excalibur Foil & Epee Club. When Excalibur split into Foil and Epee groups, Steve took his Foil group and established Phoenix Fencing Club, Winnipeg where he now coaches Foil.*

*Steve has also been involved over the last 27 years as a volunteer administrator in developing the sport of Fencing in Canada. He is currently President for the Canadian Fencing Federation and attended the Beijing Olympics with Canadian Fencing. Steve holds an FIE international licence as a referee and is Nationally qualified as a Foil referee.*

**Coach: Steve Symons**

**55 Prom des Intrepides  
Winnipeg, MB  
R2H 3G7**

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# Phoenix Fencing Club Manitoba

## 2010-2011 Club Information



**Info: Marlies @ 477-9921  
email: phoenixfencing@mts.net**



# Phoenix Fencing Club 2010/2011 Season

## Programs

### Kinder Fence

A programme for the young Fencer ages 5-9. Encourages development of the 'fundamentals' of Fencing—Footwork, Weapon Control, Fencing Fair-Play, and Function through classes and games. Uses specialized light weight equipment. For more information see the Kinder Fence brochure; Advance enrollment required

### Yellow Armband Level 1

A 10 week programme for beginners—beginners on Wednesdays. Learn the basics of Fencing both on and off the piste. Advance enrollment required; offered September 2009 & January 2010.

### Yellow Armband Level 2

A 12 week programme for those who have completed Beginners on Wednesdays. Continue skill development and introduction to refereeing. Advance enrollment required; offered January 2010.

### Returning Fencer— Orange Armband Levels 1+2

A full season programme run 1 or 2 nights a week (Wednesdays & Thursdays—pick your schedule). Focus on combining skills. Pre-requisite of one year of Fencing and/or completion of Yellow Armband Level 2.

## Programs

### Advanced Returning Fencer— Green & Blue Armband

A full season programme run 2 nights a week (Wednesdays & Thursdays). Fencers must have 3+ years experience to enroll in program. Focus on skill progression, individual lessons and training to train. Fencers in this program will meet with Steve for assessment.

### In-Club Competition Mondays

A **FUN & FREE** program for all club members. Phoenix meets the third Monday of every month and Fence! Participate in an in-club tournament or just come out and try your developing skills. Options available to learn refereeing and competition rules. All ages and skill levels welcome.

## Fees & Semester Schedule

See separate Fee & Semester Schedule. Class sizes are limited.

Advance enroll via phone—477.9921 or email [phoenixfencing@mts.net](mailto:phoenixfencing@mts.net). Class sizes are limited.

## Our Location:

Earl Grey Community Club  
340 Cockburn North  
For more information check out our website at [www.phoenixfencing.ca](http://www.phoenixfencing.ca)

## Membership

To ensure that you can enjoy the sport in a safe environment, you are required to be properly attired. You will be required to wear sweat pants or equivalent (no breakaways) and footwear suitable for gym use such as court shoes. A glove is mandatory for practices.

Inappropriate or dangerous behaviours may lead to a suspension of membership.

Along side your club memberships is a membership with the Manitoba Fencing Association, typically as a recreational member at first and a CFF license. These memberships can be purchased at Phoenix in addition to club membership.

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