

YOUTH GROUP N.A.C.M. SCHEDULE – 2009

Monday	Tuesday	Wednesday	Thursday	Friday
Prayer & Smudge GUITAR LESSON (Stress Management) SHARING CIRCLE 7:00 PM-9:00 PM Prayer	Prayer & Smudge YOUTH GROUP (Medicine Wheel, 7 teachings) SHARING CIRCLE 7:00 PM-8:00 PM Prayer	Prayer & Smudge MOVIE PRESENTATION Q&A WORKSHEET SHARING CIRCLE 7:00 PM-9:00 PM Prayer	Prayer & Smudge YOUTH GROUP (Prevention & Intervention) SHARING CIRCLE 7:00 PM-8:00 PM Prayer	Prayer & Smudge WEIGHT TRAINING (Anger Management) SHARING CIRCLE 7:00 PM-9:00 PM Prayer
		Bi-Weekly		
Prayer & Smudge GUITAR LESSON (Stress Management) SHARING CIRCLE 7:00 PM-9:00 PM Prayer	Prayer & Smudge YOUTH GROUP (Self-Awareness Workshop) SHARING CIRCLE 7:00 PM-8:00 PM Prayer	Prayer & Smudge MOVIE PRESENTATION Q&A WORKSHEET SHARING CIRCLE 7:00 PM-9:00 PM Prayer	Prayer & Smudge YOUTH GROUP (Prevention & Intervention) SHARING CIRCLE 7:00 PM-8:00 PM Prayer	Prayer & Smudge WEIGHT TRAINING (Anger Management) SHARING CIRCLE 7:00 PM-9:00 PM Prayer

Other topics may include: coping skills, peer pressure, gang prevention, relationships, parenting skills, STI'S, alcohol and drugs workshops.

Occasional Outing

KOOKUM'S CAMP

KOOKUM'S CAMP is an annual summer event that takes place at the land outside of Winnipeg and offered to N.A.C.M. youth participants (conditions do apply) and is limited to 20 youth and parents/guardians. KOOKUMS CAMP offers traditional and cultural teaching, story telling, activities includes: baseball, potato sack race, trip to the beach, volleyball, dodge ball, art and crafts, wiener roast, BBQ and more.....

OFFERED TO N.A.C.M. YOUTH PARTICIPANTS