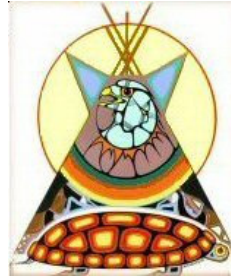


The program addresses the impact of Residential School and the following topics:

- Traditional Teachings, Family Roles, Values and participation in Ceremonies
- Trust Building
- Communication & Awareness
- Self-Care
- Self-Awareness
- Colonization
- Family Issues, Mapping and Violence Dynamics
- Abuse
- Self/Gender Issues
- Loss & Grief
- Anger Management
- Youth/Family Conferencing



Native Addictions Council of Manitoba

The mission of the Native Addictions Council of Manitoba is to provide traditional healing services to our people through holistic treatment of addictions.

The belief of N.A.C.M. is that each person has the right to wellness, success and self-determination.

160 SALTER ST.
WINNIPEG, MB. R2W 4K1

Office Hours: 8:30 am—4:30 pm
Monday—Friday

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Women's Sage
Healing
Program
2009



160 Salter St.
Winnipeg, MB.
R2W 4K1

Women's Sage Healing Program—Goals, Criteria and Referral & Intake Procedures

GOALS:

To enhance capacity of First Peoples Women and Youth, to address the healing needs of Residential School Survivors and their descendants; to assume leadership roles in the community; and to develop programs that are central to the healing process of First Peoples, Survivors and their descendants.



The Program

This program is for Aboriginal Women who have been impacted by the legacy of Residential Schools, addictions and other issues. The program also addresses individual, family and relationship issues.

For those who identify a need: women in the program will be asked to identify a child or sibling (age 10 to 20) to participate in the Youth Outreach component of the program.

The women and youth will connect with each other in the fifth week to address their relationship issues, healing needs and plans. Individual counseling will also be available to the women and youth.

Criteria

This six week program is for women who have a desire for personal growth and healing, have completed a treatment program and/or have addressed addictions issues and have at least six weeks of sobriety and be substance free.

As part of the commitment into this program, women are to participate in Native Cultural activities and commit to participating fully for six weeks.

Referral and Intake Procedure:

Contact program staff for referral packages. All forms must be completed and returned. Notification of acceptance into the program and start dates will be confirmed by staff.

Intake is by appointment only. For more information or to book an appointment, please call 204-586-8395 and ask for program staff.

Participants accepted into the program will agree to comply with N.A.C.M. rules. Breaching any rules or confidentiality will result in immediate discharge from the program.