

## Soccer Drill – Cops and Robbers (Change the names if you like)

Have players line up on one field side line. Each player has a ball (cops). Depending on team size pick one or two players to be robbers. Coach or a parent could also be beginning robber.

The cops need to make it all the way across the field. Once they get their ball safely to the other side they are safe. They may not kick the ball all the way and chase it down. They must dribble it across. The robbers try and steal the ball and kick it into the net. Once it is in the net, that cop becomes a robber. The cop can try to steal the ball back and if he / she does, and gets to the sideline they are safe. This is basically a 1 X 1 battle for the ball.

Once a cop becomes a robber, he/she may go after other robbers. They may each go after a cop each or double team one, (this is a 2 X 1 battle). The game ends when there is only one cop left (or everyone is too tired to continue).

